

Type One: The Perfectionist

Type Determination

Connected Types

Wing	Mediator 9
Wing	Giver 2
Security Type	Epicure 7
Stress Type	Romantic 4

Non-connected Types

Most Common Look-alike Types	Performer 3
	Loyal Skeptic 6
	Protector 8

Probability of Types

Types to consider given that Perfectionist was your first choice

66%	Perfectionist 1
8%	Romantic 4
8%	Loyal Skeptic 6
7%	Giver 2
5%	Mediator 9

Adjectives Describing the Type

Conscientious, responsible, improvement-oriented, consistent, self-controlled, precise, high standards, clear, detail-oriented, and caring, but also critical, often inflexible, opinionated, judgmental, resentful, and self-judging.

If the paragraph about the Perfectionist was your first choice, there is a 66 percent probability that this is your type. Read the Perfectionist Type Description pages that follow to see if they accurately describe your personality. These pages can also help you gain insight into how you perceive the world and what you can do to enhance your personal development.

If you are not certain that the description of the Perfectionist type fits you, then consider your second and third paragraph choices and the other probable types identified on the facing page. Compare these types to the Perfectionist by reviewing the Type Description pages for your other likely possibilities. Also consider the myths about type and the key adjectives for your likely types.

Whether you are ready to confirm your choice of type, or are still unsure, turn to the Type Discriminator pages beginning on page 56. These pages identify the characteristics that distinguish each type from every other type.

Myths About the Type

Ones are often described as "neat freaks" and as inflexible. In fact, what Ones rigidly adhere to and judge as right or wrong depends on the content of each One's internal standards, which can vary greatly. Thus, for example, if a One holds the standard that being flexible is the right way to be and maintaining neatness and order is a waste of time, then that person will not be particularly neat and will be judgmental about the inflexibility of others.

The following paragraphs refer to figure 1.

The title of each type is self-evident.

The first two facing pages for each type are labeled Type Determination because they help you determine if the type you chose as your first choice is your correct type. These pages show the probability that you are in fact your first-choice type. They also show the probabilities that you might be another type—more specifically, the probability that you might be one of the *connected types* or one of the non-connected *look-alike types* associated with your first choice. You might also be your second- or third-choice type.

Each Enneagram personality type has four connected types (the two wings and the security and stress types). These are the four personality types associated with each basic personality type according to Enneagram personality theory. The Type Determination pages show the four connected types for each corresponding Enneagram type. Remember that you may be one of the connected types associated with your first choice.

Two of the connected types are called wings. They are the personality types on either side of your type on the Enneagram diagram. For example, if you are a Performer (Type Three), then the two personality types that are your wings are the Giver (Type Two) and the Romantic (Type Four). If you are the Mediator (Type Nine), then your two wings are the Protector (Type Eight) and the Perfectionist (Type One). According to Enneagram theory, your personality type is influenced by one or both of the personality types that are your wings.

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